

Breakfast Menu at The Rydale

Breakfast is served from 8.15am in our pleasant, recently refurbished dining room.

Fruit juices - Orange, Apple and Grapefruit

Cereals - Weetabix, Cornflakes, Coco Cereals and Muesli

Fresh Fruit Salad served with Creamy Greek Yogurt

Grapefruit Segments

Full English, Lite English and Vegetarian Breakfast

Choice of

Local Butchers Pork Sausages, Vegetarian Sausages, Premium Thick Back Bacon,

Hash Browns, Oven baked Tomatoes, Fresh Mushrooms,

Heinz Baked Beans.

Free Range Eggs cooked to your choice.

Lighter Options

Porridge- Original or Golden Syrup Flavour

Srambled Egg on Toast or Bagel

Heinz Baked Beans on Toast

Poached Egg on Toast

Croissants

Pain au Chocolat

Toast - Farmhouse White or Wholemeal

Drinks

Filter Coffee

Selection of Teas

Use of the dining room in the evening

If you prefer a take meal rather than eating out one evening, the dining room is at your disposal, as we kindly ask guests not to take hot food to their bedroom. In the dining room there are plates, glasses and cutlery for you use, but sadly we are unable to cook or re-heat food.

There is a fridge for guest use in our dining room, which always has a frees supply of milk for your hot beverages